



SWIMMING AND WATER SAFETY AT FORSBROOK CE PRIMARY SCHOOL



At Forsbrook CE Primary School, we are very fortunate to have a swimming facility close by, which is located in our local high school who we share a site with, meaning that all children from Reception upwards can have regular swimming lessons with minimal cost.

As part of our Sports Premium spending, we have begun the process of becoming more sustainable. Several members of staff across the school have undertaken training and are now competent in the delivery of swimming lessons. We believe that by utilising our staff's strengths, the delivery of swimming at Forsbrook continues to be effective and has a great impact on the children.

Swimming is obviously an important skill for all children to have and, more importantly, it ensures that all children are confident in water. Furthermore, it encourages a healthy and active lifestyle. At Forsbrook, we follow a well-designed programme to ensure that children, across all age groups, are receiving relevant and focused swimming sessions. It also offers the children the opportunity to strive towards the next goal completing harder challenges as they progress.

2020-2021 Swimming Provision

- All children from Reception to Year 6 will receive a 30-minute swimming lesson each week for one term each year.
- All children will work towards swimming goals and receive certificates for the milestones that they reach.

The aim of this additional provision is to ensure that by the end of Year 6 children are able to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively (front crawl, backstroke and breaststroke)
- perform water safety skills and basic first aid skills.
- to catch up on missed swimming lessons due to COVID-19

Due to the COVID-19 pandemic and restrictions, there were only three year groups who were able to swim during this academic year and the length of time was decreased by a half-term. Therefore, our swimming data dropped significantly from previous years.

2020-21 Data

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	65%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	81%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	88%

2021-22

Swimming Provision

1. We will continue to offer regular swimming lessons from Reception to Year 6
2. To catch up on missed swimming lessons due to COVID-19
3. There will be a greater focus on Stroke Skills.
4. There will be a greater focus on the development of non-swimmers.
5. We will continue to challenge strong swimmers competitively (e.g. inter-school & intra-school swimming galas)