



SEND – Ambition and Access in Physical Education (PE)

Ambition

What are we aiming for pupils with SEND to achieve in PE?

We have high aspirations for all pupils with SEND and believe that every child can achieve, participate and make progress within the Physical Education curriculum. PE provides valuable opportunities for pupils to develop physical skills, teamwork, resilience, confidence and a positive relationship with physical activity.

Pupils with SEND are encouraged to take ownership of their learning, develop independence and challenge themselves appropriately. Through ambitious teaching, encouragement and carefully planned support, pupils are supported to build self-esteem, recognise their achievements and develop the skills, confidence and motivation needed to enjoy physical activity throughout their lives.

Access

How do we adapt teaching so pupils with SEND can access and succeed in PE?

Teaching is adapted through high-quality, inclusive practice, with reasonable adjustments made to meet individual needs. Adaptations remove barriers to participation while maintaining high expectations for all pupils. Strategies may include:

- A carefully sequenced curriculum that develops physical skills progressively, revisiting and reinforcing key movements, techniques and vocabulary.
- Clear modelling and demonstrations of skills using visual cues, verbal explanations and step-by-step instructions.
- Adaptation of activities, rules, equipment and environments to enable all pupils to participate successfully while maintaining ambitious outcomes.
- A broad range of activities that allow pupils to develop different skills, recognise their strengths and experience success.
- Use of adapted equipment and resources where appropriate to support participation, confidence and independence.
- Consideration of physical, sensory, communication and emotional needs when planning lessons and activities.
- Visual supports such as demonstrations, diagrams, pictures, routines and task cards to support understanding and confidence.
- Opportunities for pupils to practise skills at an appropriate pace, with additional time, repetition and rehearsal where required.
- Flexible approaches that allow pupils to demonstrate progress in different ways, including personal improvement, teamwork, effort and skill development.
- Encouragement of resilience, self-reflection and positive attitudes towards challenge.
- Inclusive team activities that promote collaboration, communication and positive relationships with peers.



- Appropriate peer support and teamwork opportunities that encourage inclusion while promoting independence.
- Regular feedback and positive reinforcement that celebrate effort, progress and achievement.
- Effective communication with pupils, families and relevant professionals where additional support or adaptations are required.

Our aim is that every pupil can access a broad and ambitious PE curriculum, develop physical competence and confidence, experience success and enjoyment in physical activity, and build positive habits that support lifelong health and wellbeing.